

Your Medicare Checklist

This handy checklist can help you stay on track. And to learn more about Medicare, visit MyJourney.CignaMedicare.com.



6 months
before your
65th birthday

- ☐ **Learn about Medicare and what Original Medicare (Part A and Part B combined) does and doesn't cover.** Original Medicare only covers about 80% of health care costs. You'll want to learn everything you can about Medicare so you can get the coverage you need.
- ☐ **Review your current health care coverage.** It's important to review the details of your current health care plan so you can decide on the type of benefits and coverage you'll need for Medicare.
- ☐ **Get familiar with your Medicare Initial Enrollment Period (IEP).** Your IEP is the seven-month window in which you can enroll in Medicare. It's based on the month you turn 65, so you'll want to mark your calendar accordingly.

4 months
before your
65th birthday

- ☐ **Find out which Medicare plans your current health care provider accepts.** Some health care providers don't take Medicare. Be sure to check with your doctors to see if they accept Medicare.
- ☐ **Attend a webinar or local Medicare learning session.** Learning sessions are a great way to get familiar with Medicare and connect with experts and peers.

3 months
before your
65th birthday

- ☐ **Apply for Original Medicare.** During your IEP, you can apply for Original Medicare with the Social Security Administration. You'll need to do this before enrolling in a Medicare plan with a private health insurance company like Cigna Healthcare.
- ☐ **Recommended: Enroll in a Medicare plan that offers additional coverage.** If you need more benefits than what Original Medicare provides—like prescription drug, vision, dental, hearing and more—you'll want to enroll in a Medicare plan that provides you with the coverage you need.



We're with you all the way

Learn more about Medicare at

MyJourney.CignaMedicare.com

To speak with one of our licensed Benefit Advisors who can guide you through your Medicare options, call

[1-866-639-5117](tel:1-866-639-5117) (TTY 711)

7 days a week, 8 a.m. to 8 p.m., Local Time

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